

# Thank You 2016! Hello 2017 ...Transformation vs Freedom

*I am Carolyn Correia, the lead consultant of HIC Omega Consulting. The New Year is upon us and as I get ready to usher in 2017, I conduct my annual thanksgiving as I pause and reflect on the past year and set my goals for the new one.*

With each new year since I decided to answer the higher call to serve and launch my business: HIC Omega Consulting, it has been an awakening and rebirth of my true passion and purpose.

If I had to choose just one word to describe 2016 I would say it would be **Transformational!** It would give me immense joy if you would take a moment to walk with me through this journey...

I officially began my communications consultancy and motivational speaking business in February 2014 upon returning home from living and working in the paradisiacal sister isle of Tobago. However, I have been an entrepreneur since November 2011. Though I did not look at my sister isle experience through rose coloured glasses, I sure did enjoy and learn from the many life changing and purposeful moments in that one year.

It was here that I got to know the real me and discover my worth and potential. The people I met and the experiences I was blessed to be a part of, acted as the catalyst to embark on a brand new journey and move back to Trinidad to start my business and be closer to my Dad at this very important last year of his life. It will forever remain one of my best life decisions and memories.





The first 2 years of business was sort of an experiment and research phase. Admittedly I did not give it my all. I lacked direction and focus. I even lost my zeal from time to time. I did however accomplish two very important and transformational milestones...

I completed book #2 - my 6-year transformational memoir entitled, **How To Find Yourself & Claim What's Yours**, launched it on both islands and officially started my freelance Journalism career, which literally changed my life and the lives of those around me.

## Transformation

2016 however is where the true journey to entrepreneurship began. I put all those tools to work and attracted even more positive people and situations to further assist in the 'transformation' of self and business.

Destiny would have it that I would reconnect with Adanna Austin of Marketing Dynamics Business Solutions, who became my first business coach and helped me think outside the box to generate more income and visibility for my business.

With her help, I launched my novel initiative Book Talk & Jazz in April 2016, the first of its kind in Trinidad & Tobago which based on the reviews, I am happy to share was a resounding success.



I took the advice of master storyteller Paul Keens-Douglas in 2015 and “did not wait to be part of someone else’s production”. I was part of my own! And boy oh boy, it was all kinds of amazing. Imagine strangers purchasing tickets to hear me speak (solo)! Wow.



It is said that we must take the good with the ‘bad’ in stride. The following month I was injured in a car accident and I realized the significance of the Biblical verse: *‘the power of life and death is in the tongue’*.

Without being fully aware, I was speaking negative things into the Universe, when I of all people should have known better. And one day, God decided to listen as a car came out of nowhere and struck mine. I could have been killed, but while riding in the ambulance, I could almost hear the Lord say: *“Not yet, you have more work to do.”*



The recovery was very painful both physically and emotionally and though I had no broken bones or loss of blood, I was struggling with a lot of other things in my life at the time. But during that period, I realized how much my family, friends and clients cared for me and 5 months later I successfully hosted my 2<sup>nd</sup> Book Talk & Jazz in October 2016, with more stories, and songs from singer songwriter Patrice Inglesbirth to inspire living a purposeful life.

This one was off the charts and even better than the first. It was very well received by the packed audience and I daresay emotional and even magical.

Now as I write this, I have attracted even more amazing, genuine people and situations and all the pieces of my life seem to be coming together at the same time for the first time in a long time.

With the help of my new business coach Carissa Daniel of The Business Radical, I envision 2017 to be the year for applying the lessons of the past and creating history in my life and business.



## Freedom

My mission for 2017 as my business grows, is that I continue to bring exceptional service and value while providing the tools for my clients' visibility and inspiring change in them, to live a more meaningful and fulfilling life by sharing their innate gifts and living fully their passion and purpose.

My goals are simply to be FREE. Free Spiritually, Free Financially, Free Physically, Free Mentally and Free Emotionally. It is with a free spirit and a free heart that you can truly begin to remove the shackles of mental, financial and physical immobility that seemingly hold us back from living and giving freely all the things that really matter: Love. Peace. Kindness. Time. Talent. Wisdom. Grace.

My wish for you in 2017 is that you allow me to help you tap into the above virtues, as we grow together so that every day is a day of freedom, progression, openness, purposeful and meaningful living, joy and true abundance. May all your dreams come true. *Happy New Year!*



*Peace & Love,  
Carolyn xo*

Author | Communications Consultant | Speaker

HIC Omega Consulting - *'Where creativity surpasses expectations'* [www.carolyncorreia.com](http://www.carolyncorreia.com) [info@hicomegaconsulting.com](mailto:info@hicomegaconsulting.com)